

Powerful Prayers

To Help You Up Level Your Consciousness & Reprogram Your Mind

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A collection of prayers gathered from mentors, myself, and others along their own healing journeys - all brought together in one place to support you on yours. Whether you are healing, growing, discovering yourself, or expanding into something new, these prayers are here as tools to carry you. Read each one out loud and notice how it lands in your body. Take what resonates, leave what doesn't, and feel free to make any of them your own.

Prayers Before a Reading or Engagement

I ask that whatever transpires and unfolds in our time together create the win win win and optimal outcome. Do you agree?

I ask for God's will to be done, the highest and best outcome, the win win win.

Prayers for Releasing Fear

I allow nothing and no one to come unto me except through God.

I pray for deliverance from fear in God's will.

I pray for deliverance from: _____ in God's will.

I ask to instill optimal boundaries and perimeters in all the places they are not yet within myself. Applying them to my consciousness, my thoughts, my words, my actions, my behaviors and my feelings. I ask to instill what it feels like, smells like, sounds like, tastes like and is like to know how to operate from those optimal boundaries and perimeters.

I rebuke and release all attachments and entities seen or unseen, known or unknown. I reclaim my personal power and all of my energy, renewed and revitalized in the most optimal way.

I ask to feel what I need to feel, see what I need to see, hear what I need to hear, know what I need to know, to heal what I need to heal to release whatever this is at its core root and clear it now.

I ask to feel what I need to feel, see what I need to see, hear what I need to hear, know what I need to know, to understand why this is coming up for me now.

Prayers for Optimal Alignment

I ask to align my thoughts, words, actions, feelings and experiences to unfold God's will and what's optimum for one and all.

God please guide my thoughts, feelings, words and actions today and everyday, so the highest path, the win-win-win and optimal outcome unfolds for one and all through me. Amen.

I ask to release anything and everything in the way of the truth. I ask to know what it feels like, sounds like, tastes like to know and experience truth, in accordance with God's will.

God I ask to know the truth of this situation.

God I ask to know the truth behind / about / regarding: _____

God please guide me to and align me with optimal integrity, authenticity, sovereignty, wholeness, unconditional love, forgiveness, compassion, kindness, joy and fulfillment. I ask to be freed from anything and everything in the way of that.

God please guide me in every way today and everyday. Overwrite my limited thinking with what You optimally intend for me today. Help me to achieve beyond my imagination. Help me to connect to those that will reciprocate my attentiveness, thoughtfulness, faith and direction. Thank you for brightening up my day in all ways and for aiding me to meet and exceed my challenges. I love you God and I put you first to do Your will through me. Amen.

Practice Note

In addition, regularly say aloud with emphasis: "**No one and nothing comes unto me unless it's of God.**" (Envision a sphere of light around you filtering what goes in and out.) Another variation is to say: "**No one and nothing comes unto me unless it's Optimum for myself and others.**"

No one and nothing comes unto me unless it's of God. (Envision a sphere of light around you filtering what goes in and out.)

God, I pray for Your Will in my life and each one of my family members' lives. I pray for the Holy Spirit Gift of discernment to guide me regarding them and all other matters of life. Protect me from their ignorance and assist me in protecting my energies and my children from harm.

Lead me as I learn to put Your pathway as my first priority in life and assist me to depart from family traditions that do not optimize my life. Bring into my life the community that vibes like me so that I may commune with those that understand this path and me. I choose to use my free will to surrender and only connect with You as my path maker. Help me to process any emotion and limiting architecture that prevents me from receiving from You and attracting according to Your plan. God, I choose to feel One with You. Guide me to renew my mind, heart, spirit and soul! Unfold my purpose and I choose to receive the resources to do so. I am ready!

Prayers of Declaration

Speak these aloud as declarations of truth over your life. Read them daily or whenever you need to anchor yourself back into God's authority over you.

Today and Forevermore

Today and forevermore, I declare that my pathway is marked for optimization by God and easily followed by me with grace and my highest aptitudes engaged.

Today and forevermore, I am God's Chosen. Nothing can alter or disrupt this energy.

Today and forevermore, I shall not worry or fear for my future because God always has His hand on me. I follow His guidance without fault.

Today and forevermore, I am aligned with what serves myself and other Chosen Ones best. All doors for optimization open easily and all evil cowers and makes way for God's Chosen.

Today and forevermore, I am at peace, feel joyful, and permanently connected.

Today and forevermore, I see and hear God at all times.

Today and forevermore, I trust myself to trust fully in God's authority.

Today and forevermore, I have full faith that I am worthy and loved in all manners.

Today and forevermore, I am entirely healthy and fulfill my missions instructed by God.

Today and forevermore, I am with God. We operate as One!

Amen.

Prayers of Gratitude

I am grateful that my parents released me so that I could be in the fullness of God, my unconditionally loving parent that navigates me for my highest expression to be realized. I am grateful to be here, and I honor my parents for receiving me and keeping me alive.

I am grateful for my training as a child that made me fiercely seek righteousness and connection with God. I am grateful for the lack of expression I was permitted as an adolescent to generate the overwhelming passion to share what God has channeled through my whole being. I am grateful for all the connections, seen and unseen, that God coordinates behind the scenes.

I am responsive to God's will and will continue to do so.

Amen.

Prayers for Deliverance and Redemption

Use these for anything that has hurt others or yourself - like an addiction or a difficult habit. These prayers are pivotal when navigating circumstances you cannot see how to change, or when you feel guilty, sinful, or in need of divine intervention.

I pray for deliverance from: _____ in God's will.

I pray for redemption from: _____ in God's will.

God, I command that this pattern be exorcised completely. I command that all generations heal from these experiences and to glean the gold thereof.

I command my consciousness to release fear of worldly authority structures and to replenish me with light and love and pathways created only by optimization. Renew my mind to attract others who reside in this vibration and cause my mind to enact in this vibration only. Let only the fruits of the spirit guide me from this point on. I am one within. No room for old pathways. The gold has been gleaned to pave my new path of righteousness, love, abundance and joy. May all connected to me experience the same according to Your Will! Amen.

Prayers for Releasing Karmic Ties

I ask to release any oaths, vows, karma, contracts, ties, past lives or unfinished business regarding _____ that are impacting this situation now, in God's will. Amen.

I ask to release anything and everything in the way of that now and for the optimal path and outcome to unfold.

Prayers for Protection and Discernment

I pray for the Holy Spirit gift of discernment and I pray for those that I discern are not for me. I command that God protect me from those that are disillusioned.

I pray for all those I feel negatively towards and those similar to find God's light and love. I pray for God to filter energies that are not in alignment. I pray for peace and for my missions to be fulfilled. No one and nothing comes into me unless it is of God.

I declare with God's Authority that no lesser energy is worthy to even attempt connection with my being. I am of the one True Source God. Any foothold is no longer present. I am free to be Oneness in God. There is no separation. Never was. Lies no longer penetrate or delude me. I am no longer a child that can be manipulated. Source God sets the table before me and only love is real.

I command my body, chemistry and heart to release all that is not LOVE. I proclaim my inheritance and am washed and cleansed in totality.

I welcome the Holy Spirit to be all that guides and protects me, for I have enacted and live in the teachings of Yeshua who was sent to give us the way to be liberated from all sin!

I declare that I am whole with all of my being in Source God! May all beings, thoughts and experiences be aligned and perform according to my TRUE SELF WITHIN GOD!

AMEN.

Source God, clear _____ from any and all lesser beings that torment. They are obediently aligning with only the highest and the torment is no longer an adequate teacher for them. Give their mind, heart, chemistry and body the peace that surpasses understanding as full connection with You does. May all that is not of You flee from their being and from those that they assist with Christ's teachings. Holy Spirit, fill them up and help their light reach those ready to be redeemed. Thank you dear God for making this so according to Your will. Amen. So Be It. And so it is.

Prayers for Generational Healing

Heavenly Optimizing Program, I come before You in the name of Yeshua, seeking Your healing and freedom from generational trauma.

May all unhelpful patterns and difficulties passed down through my family lineage be released. May any burdens from the past be lifted. May every chain of bondage and negative thought pattern be broken now. May every lie that has tried to define destiny based on family history be rejected.

May the body, mind, and spirit be cleansed and purified with healing. May what is broken be mended and any part damaged by inherited pain or stress be restored.

Where there has been pain, may there be peace. Where there has been fear, may there be courage. Where there has been shame, may there be grace. May light flow through my life, healing and transforming what was lost.

May the cycle of trauma end with me. May the future be blessed, and may blessings flow through my life to future generations.

Thank you for Your faithfulness and for the freedom that is found. May a deep and lasting work of healing happen within. Amen.

God, we are all electing to overcome the generational patterns that have generated this circumstance. We want Your Will to unfold as our pathway that promises peace, love, joy, intimacy, self-control, abundance, prosperity, kindness and gentleness. Guide each of us to bring this to light. Hold the temptations to be defensive back and allow our true nature of love to come through. We welcome Your light and love to prevail.

With You, God, these patterns will be exorcised from our systems, our relationships and our world.

Amen.

Prayers for Abundance and Business

Thank you, God, for leading me to Your pathway beyond what I have known before. You are the light that shall bring me to experiences beyond my imagination. I set aside my egoistic ideas that I am not enough. For when I am with You, I have nothing to want for. You open doors and gates and deliver resources as needed. For You know me better than I know myself. I lean not on my own understanding, but on Yours that can see all things. I shall follow where You lead and see all Your signs and act accordingly. For Your Will is mine and my will is Yours. I shall love You with all my heart and love my neighbor as myself. Thank you God. I wait upon You to show me the way. I am patient and ready!

Dear Heavenly Optimizing God,

I ask in the name of Yeshua, be it Your Will, for a smooth transition into my optimal state of physical health, and in building and running a thriving business that generates abundantly and creates stable income. I know You supplement all of my needs and my clients' needs in abundance. This I do only in Thy Will. I happily receive the resources to build and fill my schedule and community to optimal capacity while improving my health - physically, mentally, emotionally, spiritually and financially. I will keep my heart open and maintain the space for the optimal partner You chose for me, to find me, for our divine union.

I pray for a renewed Holy Spirit within myself to utilize the proceeds of my business endeavor towards outreach on a greater level as I feel guided by You to do so and for causes You inspire me to support.

God fills my cup and it over-runneeth.

May I easily afford to buy and live in a home again, in an optimal location for me. May I easily afford education expenses and properly support my children's needs as they grow, as well as my own, as You will God.

May the new clients and students that are attracted to me be ready and willing to do the work. May they be joys to work with and refer many others. May my offerings launch and sell beyond what I imagine and transform people's lives for the better.

I pray over these endeavors to be enriched by God's touch and for my faith to be stable. I am worthy to receive from God to do God's will. God will afford me the resources to bring this to fruition in abundance. I will profess what the Lord has done to any that should ask or inquire. I am blessed. God bless all my endeavors.

Thank you. Amen and So Be It!

Yeshua, I come before You with a surrendered heart, placing my practice fully in Your hands. You are the Author and Finisher, the Great Healer, and the One who calls, equips, and sends. I ask that You speak favor over this work and bless it according to Your perfect will. Let it be a place where Your presence dwells and where healing, hope, and deliverance flow freely through Your Spirit.

Use me as Your vessel. Let my words, my presence, and my work reflect You. Guide every session, every decision, and every connection. Bring the right people into my life - clients who are ready for transformation, colleagues who uplift, and supporters who believe in the mission. Surround me with people who carry Your Spirit, who speak life, bring peace, and walk in truth.

Open doors that no one can shut. Pour out financial blessings in abundance, not just so I may prosper, but so I can serve, give, and grow in Your name. Let provision be steady and overflowing. Cover this practice with Your protection. Guard every space, every appointment, and every part of this journey. Let nothing steal or block what You have placed in my hands.

Yeshua, I declare that this work is Yours. May Your kingdom come and Your will be done through everything I do. Use this space to bring healing, hope, and restoration to every heart You send my way.

In Your holy and powerful name I pray. Amen.

I collapse time to become everything God intended with the resources to suit it all.

Prayers for Others

Use these when praying over a specific person. Replace the blank with their name.

The Best Prayer You Can Pray for Others

I pray for God's will in _____'s life.

I lift up _____ to You, God. Let Your hand be upon every step of their process. I ask for divine favor, complete clarity, and a smooth transition with no delays. Make the way clear, Lord. Move every obstacle and bring the right people into position. The door You open no one or thing can shut. Do what only You can do, and let this opportunity come to pass according to Your perfect will.

Give _____ supernatural wisdom and discernment. Let them see with spiritual eyes and make decisions that are fully aligned with Your guidance. Be their constant source of strength, peace, direction, and provision. Bless them in ways they cannot even imagine.

Everything is going to be ok. _____ is a person blessed by God and the Universe. It is really important to trust and have faith. There are forces that protect us from harm. There is no need to fear. You are guided by these forces at all times. They work for you when you permit them to do so - by thanking them and asking that they continue. Then you relax, knowing that the program will do everything needed behind the scenes to make it so. You are worthy to feel good and safe. You are worthy of a good life.

God, watch over each of us. Thank you for Your protection from harm and guidance to optimize. We receive Your love graciously. We are worthy. We were made by You!

Amen and So Be It!

Prayers for Embodiment and Connection to God

Use this prayer anytime you are looking to deeply embody the feeling of God and to connect to the message of Christ.

Embodiment Prayer

The Light of God surrounds me.
The Love of God enfolds me.
The Power of God protects me.
The Presence of God watches over me.
The Mind of God guides me.
The Life of God flows through me.
The Laws of God direct me.
The Power of God abides within me.
The Joy of God uplifts me.
The Strength of God renews me.
The Beauty of God inspires me.
Wherever I am, God is!

Garden of Eden State of Consciousness and Being

Now, I can see just ahead of me a tropical green landscape full of fruit and delight, rich with joy and kindred spirits. A heavenly place where effortless harvests of Godly thoughts and seeds divinely sown by many who feel at ease and equal. A place where thoughts abide within healthy boundaries where bountiful experiences spring forth in answer to such callings supreme. For I have accomplished my works called upon the Holy Creation that is me, as I am and as I will be forevermore in the Garden of Eden with my kin who answered the same call to be authentically themselves and succeeded.

Prayers for Inspiration and Divine Guidance

Inspiration Prayer

I call upon all of creation and the forces therein to hear me now. It is my will to humbly join and dedicate my entire being and all that is connected to it to the Will of the Optimum Program that serves one and all in all directions of time, space and dimensions.

Full Inspiration Prayer

I call upon all of creation and the forces therein to hear me now. It is my will to humbly join and dedicate my entire being and all that is connected to it to the Will of the Optimum Program that serves one and all in all directions of time, space and dimensions. Holy Spirit, I ask Thee to guide me on my journey every moment of my everlasting existence within this ever expanding and joyful creation. I command my mind, body and spirit to only notice that which serves this highest calling and to act with precision. I ask that You lead and direct my mind, heart and body to receive the imagery, ideas, the visions and the awareness to employ these divine inspirations this day to make fertile the soil for tomorrow and the following tomorrows as they unfold for infinity according to what is OPTIMUM FOR ONE AND ALL FOR EVERY NOW AND FOREVER IN ALL DIRECTIONS OF TIME with absolute integrity and continuity. With grace and love, I shall connect with all of whom are worthy and written in the BOOK OF LIFE. I shall share the truth, grace, wisdom and love as it streams forth from my being as I am made and remain whole to propagate this possibility for others who have chosen to ASK AND RECEIVE to enter into heaven on earth also. I am grateful for my being and every aspect that forged it. I am blessed and redeemed through the power of holy transfiguration and shall share this blessing with all who ask and have ears to hear. So It is, was and ever shall be. Amen.

Game Changing Prayer

I ask God, that You guide my way today and be ONE with me. No one can come unto me except through You, the Father. I ask that You help me attract and notice my daily bread - people, partners, resources, epiphanies - and sustain it by transfiguring any personal blocks there and to receive with humility and graciousness. May my God-inspired endeavors bring light to all and be fruitful, according to Your will. May my personal God-inspired relationships flourish and supplement my optimum path to help myself, others and the earth, simultaneously. Lord, I love my enemies, friends and family, but hate the sin. Show me the Way with my clients, enemies and loved ones to be freed from sin and return to Paradise. May I unfold Your Will meaning Heaven on Earth that benefits One and All. My power is Your power to be utilized to transfigure creation. Your Will is my will and it will be done. May I clearly see all the signs You lay before me to deliver myself and those You set on my path, including earth. For I love You God with all of my heart, soul, spirit, body and mind. My heart is Your heart. My soul is Your soul. My spirit is Your Spirit. My body Your body. My mind Your mind. SO BE IT, THANK YOU, AMEN!

Prayer for Forgiveness

I give any judgments to my higher power, to Holy Spirit and I command my everything to follow the divine guidance delivered to me clearly through the repetition of signs and epiphanies. I ask that God help me to maneuver along this path with ease and integrity and pray for divine guidance to help me delineate between fearful, wishful or sinful desiring and that which God intends for me to hold as a vision to serve and be served. Amen.